

# BOYS DIARIES

a participatory film project



## FACILITATOR'S GUIDE



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# The Film

## BOYS DIARIES



**Language:** English and Shona with English subtitles

**Location:** Harare, Zimbabwe

**Length:** 18:37

**Year:** 2016

With: Ruvarashe Mucheukwe, Tinotenda Kabai, Joseph Njawa, Boldwin Maposa, Ruvarashe Miti, Brian Mafuso, Beaven Nyamwanza, Ben Aaron and Rumbi Katedza.

### Film outline:

Four friends from different backgrounds meet for a game of pool at a social spot in Harare. Whilst enjoying themselves, they discuss their first sexual experiences. These “happy-go-lucky” young men have been through a lot. As each story unfolds, we learn about their experiences of falling in love and their fears of betrayal and deceit. The film gives us an insight into the challenges boys face trying to live up to their parents and societal expectations.

### Suitable Audience

Adolescents (10 years and above), youth, adults and parents.

### Key issues

Relationships, first sexual experiences, safer sex, parent child communication, socialisation of boys, trust, peer pressure and life skills.

# Discussion

## Questions for discussion

- How does this film make you feel?
- What do you think about the characters in the film?
- Can you relate to the boys experiences? Please explain.
- Why did Brian go to the clinic after his first sexual encounter and what was his experience?
- Joseph said, that he abused alcohol to deal with the breakup with his first girlfriend. Can you relate to this? Please explain.
- Why do think he didn't talk to anyone about his pain?
- The boys blame the girls for what happened to them. What does this say about gender relationships?
- Brian claims that some girls take relationships as a source of income to solve their financial problems. What do you think about this?
- What makes it difficult for boys and girls to openly talk about sex in their relationships?
- Tino says that boys are expected to always be in control. How do you understand this statement?
- Baldwin says: "If I ever had a child, I'll be his best friend". What would a healthy relationship between a parent and child look like?
- Why is it important for parents to have an open relationship with their children?
- If Tino's parents had talked to him about sex , do you think he would have made a different decision?
- Do you think there is enough information about sexual and reproductive health for boys? Explain.
- What lessons are you drawing from the boys stories?

# Learning Cycle

## Learning Cycle

A facilitated film screening is based on the Learning Cycle. A film screening is followed by a discussion with the audience. The facilitator guides this learning process.

### Watching the Film

The audience watches the film as a group.

### Reflection on the film

After the film screening, audiences reflect on the film(s) and express their views, feelings and reactions. Sharing and respecting each other's ideas, feelings and values helps audiences to learn from each other.

Example questions:

- What do you think this film is about?
- How do you feel about the characters in the film?

### Looking at the bigger picture

Audiences examine and debate the issues raised in the film. Audiences are encouraged to link the issues addressed in the film(s) to their own lives, ask questions and share personal stories and information.

Example questions

- Can you relate to this film? Please explain
- Have you or anyone of your friends had similar experiences as these boys? Explain

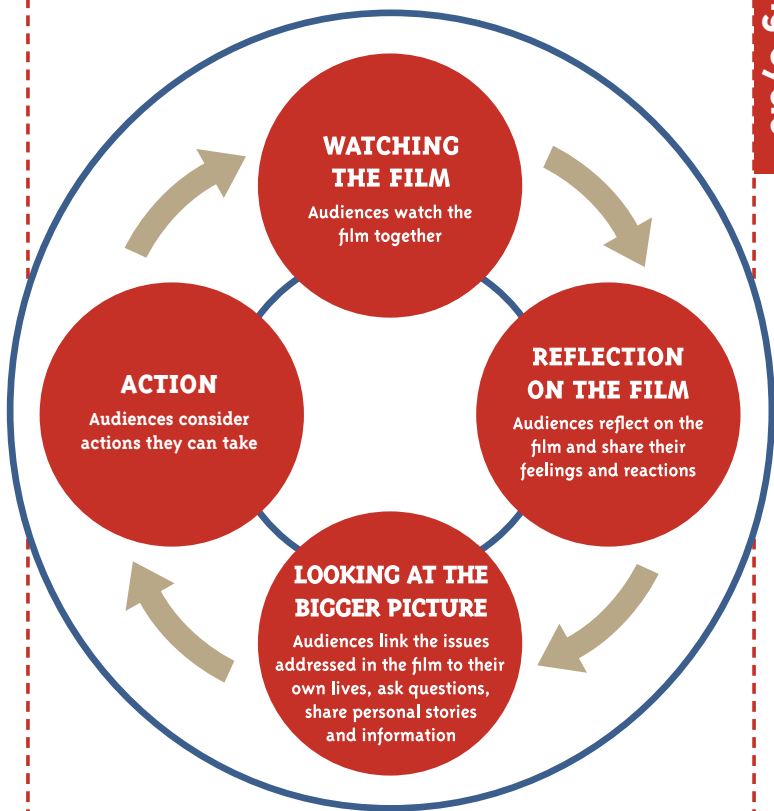
### Action

Audiences consider actions they can take to address stigmatisation and promote inclusion and acceptance in their own lives and communities and in society as a whole.

Example questions

- How can we promote information about sexual and reproductive health among boys?
- What needs to be done to protect the rights of boys and young men?

# Learning Cycle



# Facilitation

## Facilitation

- The facilitator guides the learning process without dominating it.
- The facilitator leads the discussion, using techniques that ensure that all ideas and opinions are welcome.
- It is important to encourage, respect and acknowledge audience contributions.

## Qualities of a good facilitator

- **Attitudes:** Non-judgemental, respectful, gender-sensitive, non-discriminatory
- **Knowledge:** Issues raised in the film (i.e. sexual and reproductive health and rights)
- **Skills:** Facilitation and communication techniques, dealing with sensitive issues, conflicts and emotions

## Preparation

Think about:

- *Who are the viewers: What is their education level, age, primary language?*
- *What are their interests and concerns? What kind of experience might they have had with the issues raised in the film? How might these issues affect their lives, directly or indirectly?*
- *Working together with local youth friendly service providers.*
- *Using additional information material, such as leaflets and posters addressing same issues as in the film.*



# Facilitation

## Methods of Reflection

For an effective discussion, consider the size of the group and choose methods that are suitable for the specific audience.

- Discussion in plenary: A plenary discussion allows all members of the audience to share and listen to others. However, in a big group only a few people will get to speak.
- Smaller groups or teams: The groups may be large enough to divide into several groups. This allows more people to participate in the discussion, and encourages those who are intimidated by a big group. Each group should choose someone to report back to the plenary, and rotate this role if there is more than one group discussion.
- Buzz groups or pairs: Viewers share their reactions with their neighbours in "Buzz groups". This gives everyone a chance to express his or her reactions.

## Checklist for a screening

- Familiarize yourself with the venue
- Make sure that the room is large enough to accommodate the expected audience group
- If there are windows without blinds or curtains, you will need to cover them with black plastic or cardboard
- Check the power points
- Test your screening equipment and sound beforehand to make sure that it is working properly (i.e. television / data projector, DVD player / computer, amplifier, speakers and screen)
- View the film before you screen it

# Acknowledgements

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